



THE SCOOP

The Social Prescribing Newsletter for Well Up North PCN

If you would like to speak to one of our Link Workers please contact your surgery.

RAISING READERS BOOK NOOK



With support from Link Worker Jan, Union Brae and Norham Surgery applied for a Raising Readers Book Nook, through the The Reading Agency and were delighted to be chosen. To date they have received 100 new books for children aged up to 10 years, a lovely sturdy bookcase, large rug and 10 washable cushions, along with bookmarks for the staff to hand out.

A member of the surgery team has become the 'Guardian' of the Book Nook, and the team report that it is proving to be very popular with children and their parents, providing a safe place to relax with a book prior to an appointment at the surgery. Anne Kossman, Practice Manager is delighted with the resources and the way they have been received by the community.

The National Year
of Reading 2026

In partnership with
THE READING
AGENCY

GO
ALL
IN.

Go All In at your local library to read more of what you love during the National Year of Reading. www.readingagency.org.uk



CARERS WEEK FEEDBACK

Thank you to everyone who joined us for the "Building Carer Friendly Communities" sessions during Carers Week in June. We welcome all the comments we received and are working towards the suggestions made.

If you would like to speak to a Link Worker about support as a carer please contact your surgery.

Helping to build carer
friendly communities



Have you made a Lasting Power of Attorney (LPA)?

If you have registered a Health and Welfare LPA, please let your GP practice know and provide them with a copy. Having this information on your medical record helps ensure that, if you are ever unable to make decisions for yourself, the right people can be identified and involved in your care or other matters in line with your wishes. If your LPA changes, please remember to update your GP practice.



SERVICE SPOTLIGHT!

JOHN'S CAMPAIGN

John's Campaign is for the right of people with dementia to stay with their family carers — and for the right of family carers to stay with them. It began in hospitals and now reaches across health and social care.

Northumbria Healthcare NHS Foundation Trust are committed to supporting John's Campaign. They recognise the vital role that family members, friends, and carers play in supporting patients. They aim to work in partnership with carers to provide compassionate, person-centred care and always warmly welcome carers. Carers are to discuss their needs with the nurse in charge and if they require additional support, a member of staff can put them in touch with the Admiral Nurse Team for specialist advice and guidance.

Hospitals signed up include: Alnwick Infirmary, Berwick Infirmary, Blyth Community Hospital, Haltwhistle War Memorial Hospital, Morpeth NHS Centre, North Tyneside General Hospital, The Walton Unit, Wansbeck General Hospital.

For more information about John's Campaign visit
www.johnscampaign.org.uk



HospiceCare

NORTH NORTHUMBERLAND

Caring for Life

'REET CANNY CUPPA'

HospiceCare North Northumberland host weekly 'A Reet Canny Cuppa' Dementia Drop-In Cafes. These FREE friendly Dementia Cafes allow for social engagement over a cuppa, to share memories, chat, and enjoy engaging activities. The atmosphere is always warm and welcoming with an opportunity for the carer to have a one-to-one confidential chat with one of their Dementia team.

ALNWICK A REET CANNY CUPPA DROP-IN DEMENTIA CAFE EVERY THURSDAY

1.30PM-3.30PM

AT THE LINDISFARNE CENTRE,
30 LINDISFARNE ROAD,
ALNWICK, NE66 1AU

BERWICK A REET CANNY CUPPA DROP-IN DEMENTIA CAFE EVERY TUESDAY

10.30AM-12.30PM,

SPITTAL BOWLING CLUB,
SEA ROAD, BERWICK TD15 1RN

NEW GROUP STARTING WEDNESDAY 23 SEPTEMBER

MORPETH A REET CANNY CUPPA DROP-IN DEMENTIA CAFE

EVERY WEDNESDAY

10.30AM-11.30AM

AT METHODIST CHURCH,
HOWARD TERRACE,
MORPETH, NE61 1HU

If you would like to find out more information or have an informal chat before attending please contact HospiceCare North Northumberland.
Call: 01665 606515 or 01289 309997
Email: dementia@hospicecare-nn.org.uk
Visit: www.hospicecare-nn.org.uk

Well Up North Primary Care Network is a collaboration of 7 GP Practices working together to improve healthcare outcomes and reduce health inequalities for patients in North Northumberland.

They are: Alnwick Medical Group, Belford Medical Practice, Gas House Lane Surgery, Greystoke Surgery, Union Brae & Norham Practice, Well Close Medical Group and Wooler Health.