

# Belford Medical Practice

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The Government have asked us to wear **face coverings** on public transport to help us all travel safely.

Public transport includes buses and trains. Taxis are not public transport, but some taxis may ask you to wear a face covering.

Now also from the 24<sup>th</sup> July we will be asked to wear face coverings in shops.

There are some exemptions to this :

- You have a disability that means you cannot put a mask on.
- You have a disability that means you cannot wear or remove a mask.
- Putting on a face mask would cause you **severe distress**.
- If you use lip reading to communicate, the person supporting you to use public transport does not have to wear a mask.
- You do not have to wear a mask if you are using public transport to escape danger.

You do not need a letter from your doctor to confirm you are exempt, you can carry a card to state this. Cards and more information is available from <https://www.keepsafe.org.uk/mask>