## MINUTES OF THE PPG MEETING HELD ON TUESDAY 10<sup>TH</sup> APRIL 2018 AT SEAHOUSES HEALTH CENTRE

**Present:** RE,ST,JPC,FR,MT,JA,AG

**Apologies:** BS

Jackie Briggs Health Trainer for NHS came to talk to the group about her role.

She has been with the NHs for 15 years and is now based at County Hall. Jackie covers the whole of the Northumberland area and is involved in aiding patients with lifestyle changes such as smoking cessation, sexual health, healthy eating, general health, accident prevention and some basic mental health.

Patients can be referred via Nurses, GP's or self referral. Some practices refer diabetic patients to her for weight loss and healthy eating. Some practices in Northumberland refer more than others for example Well Close in Berwick and Glendale in Wooler refer quite a few patients whereas she only has one patient from our practice at the moment. FR said that they would publicise this service in the next practice newsletter and make sure that leaflets and cards are available in the practice. Jackie usually does one to one sessions but can do group work if it is necessary. There is no limit on appointment times.

We should have referral forms in the practice – FR to check. The service needs to be utilised, they have targets to meet, otherwise the service could be lost.

The PPG all agreed this had been an interesting and informative talk and would like to thank Lorraine for recommending Jackie as a speak for the meeting.

**Minutes of the Last Meeting** 

## **Matters Arising**

CQC Official report not received yet. The PPG felt that the timescale involved between the inspection and the official report being received was unacceptable.

CCG. Undergoing change at the moment and are looking to try and plan meetings 18 months in advance.

A1 Protest Meeting. Members of the PPG gad attended this meeting and had put forward views relating to health matters if the A1 was closed completely. The meeting itself had been very well attended indeed.

So far nothing had been heard from the Glendale PPG to arrange a joint event to hear speaker Gordon Allan.

The next BMEF meeting is on the 4th July 2018

## **Any Other Business**

JA raised the issue of patients having flu vaccinations at the pharmacy instead of the surgery. RE mentioned that we had discussed this previously and agreed that it was not an ideal situation. FR reported that last year we started the clinics earlier, had placed a piece in the practice newsletter and given patients information about patients receiving their flu vaccination at the surgery instead of the pharmacy. We will hopefully be doing the same again this year.

Date of Next meeting: Wednesday 27<sup>th</sup> June 2018 at 2pm at Belford Medical Practice.